



Education & Training



Quality Palliative
Care for All

Centres for palliative care learning & training centre

KWAZULU NATAL

Durban
Highway Hospice
Tel: (031) 208 6110
E-mail: educa@hospice.co.za

Port Shepstone

South Coast Hospice
Tel: (039) 682 6156
Email: schospkz@venturent.co.za

EASTERN CAPE

Port Elizabeth
St. Francis Hospice
Tel: (041) 360 7070
E-mail: education@stfrancishospice.co.za

WESTERN CAPE

Cape Town
St. Luke's Hospice
Tel: (021) 797 5335
E-mail: marqotv@stlukes.co.za

Robertson

Breede River Hospice
Tel: (023) 626 5710
Email: kobus@hospicebreederiver.org.za

Knysna

Knysna Hospice
Tel: (044) 384 0593

GAUTENG

Pretoria
Sungardens Hospice
Tel: (012) 348 1934
E-mail: sandie@sungardens.org.za

Johannesburg

Witwatersrand Hospice
Tel: (011) 483 9138
E-mail: training@hospicewitwatersrand.org.za

FREE STATE

Bloemfontein
Naledi Hospice
Tel: (051) 433 4462
E-mail: training@naledihospice.co.za

NORTH WEST PROVINCE

Rustenburg
North West Education Forum
Rustenburg Hospice
Tel: (014) 592 8925
E-mail: hosptrib@mweb.co.za

Klerksdorp

Matlosana Hospice
Tel: (018) 462 3916
E-mail: d.taunyane@gmail.com

LIMPOPO

Choice Trust
Tel: (015) 307 6329
E-mail: choicetz@mweb.co.za

NORTHERN CAPE

Kimberley
St Teresa's Hospice
Tel: (053) 832 2591
E-mail: stteresa@telkomsa.net



Hospice Palliative Care Association Of South Africa

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Special thanks to PEPFAR for their continued support in advancing palliative care education and training



Introduction

The WHO defines palliative care as “an approach that improves the quality of life of patients and their families facing problems associated with life-threatening illness, through the prevention and relief of suffering, the early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual.”

Caring for patients and their families, for whom cure is no longer an option, is a rapidly developing area of health care which requires special skills and knowledge to ensure patients and their families receive optimum care at a physical, psychological, social and spiritual level

HPCA is a HWSETA accredited service provider offering a range of training courses and support for palliative care research, equipping participants which specialised skills in palliative care.

Who should enrol

Professional and non professional healthcare practitioners interested in acquiring skills and knowledge in palliative care

Information

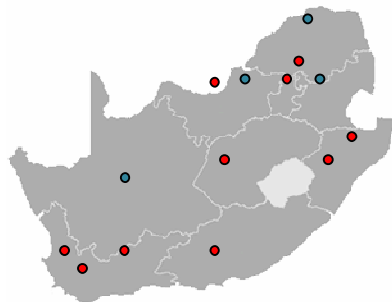
For details, contact:
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 Hospice Palliative Care Association
 Suite 11a Lonsdale Building
 Lonsdale Way, Pinelands, 7405
 E-mail: hpca@iafrica.com
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Course titles

- Introduction to Palliative Care
- Home Based Care
- Bereavement Support Care
- Short Course in Palliative Nursing Care
- Teacher's Bereavement Course
- Psychosocial Palliative Care
- Leadership Development Programme
- Train the Trainer
- Introduction to Paediatric Palliative Care
- Home Based Paediatric Palliative Care

Training venues

- Centres for Palliative Care learning
- Training Centres



There are training facilities based in Limpopo, Mpumalanga, Kwazulu Natal, Gauteng, Eastern Cape, Western Cape, Northern Cape, Free State, and North West, through which training is provided to communities and various stakeholders



Course descriptions

INTRODUCTION TO PALLIATIVE CARE

This is an overview to the principles and practices of palliative care for multi-professional. It involves five days contact time and mentorship follow ups over a six month period

HOME BASED CARE

Home Based Care NQF Level 1

This unit standard based course to equip home based carers with skills to assess the patient's situation, assist and support both patient and family to manage home based health care.

It is a twenty nine day course with both theory and practical components.

Home Based Care NQF Level 3

This is a 35 days unit standard based course with both theory and practical components

It equips Home Based Carers to assist patients and their families to manage their health status in accordance with palliative care principles in the home.

The above two courses are accredited by Health and Welfare Seta.

BEREAVEMENT SUPPORT CARE

This course is designed to meet the needs of all carers and volunteers assisting palliative care patients, this five day course develops awareness and skills in providing bereavement support.

SHORT COURSE IN PALLIATIVE NURSING CARE

This is an eight month distance or contact learning part time course for professional and enrolled nurses registered with SANC. Training incorporates theory practical work and seeks to enhance and promote the principle s

And practice of palliative care in a variety of settings, by equipping participants with specialised skills and basic knowledge in palliative nursing care.

The course is accredited by the Foundation for Professional Development.

TEACHERS' BEREAVEMENT COURSE

This course offers teachers an intensive two day workshop, providing them with skills and insights to understand and deal with children's' grief within the school setting

PSYCHOSOCIAL PALLIATIVE CARE

This is a two month course for social workers designed to equip participants with specialised palliative care psychosocial skills.

LEADERSHIP DEVELOPMENT PROGRAMME

This course aims to equip health and welfare care providers with generalist management and leadership skills specific to the non-profit sector.

The programme consists of three two-day workshops (six in total) delivered in two phases.

It is a requirement that the programme cycle be completed within two years.

TRAIN THE TRAINER

This is six day course which equips participants with skills to facilitate a training session as well as designed to facilitators' and learner's manual.

INTRODUCTION TO PAEDIATRIC PALLIATIVE CARE

This five day introduction for multi professionals covers principles and practices of palliative care within a paediatric context.

HOME BASED PAEDIATRIC PALLIATIVE CARE

This is a ten day course to equip home based carers to assist patients and their families to manage their health status in accordance with palliative care principles within a paediatric context.